

STUDENT BREAKFAST	.75
ADULT BREAKFAST	2.50
STUDENT LUNCH	1.55
REDUCED LUNCH	.40
ADULT LUNCH	3.50
MILK	.25

OCTOBER 2011

GREER, LAKE CANYON, MARENGO RANCH, RIVER OAKS, VALLEY OAKS

WE OFFER CEREAL AS A SECOND CHOICE EACH DAY FOR BREAKFAST
LUNCH INCLUDES CHOICE OF LOW FAT WHITE OR CHOCOLATE MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 FRENCH TOAST STICKS, FRUIT, MILK POPCORN CHICKEN MIXED VEGETABLES ROLL FRUIT MILK	4 SAUSAGE BISCUIT , FRUIT, MILK BEAN & CHEESE TOSTADA LETTUCE & SALSA CHURRO FRUIT MILK	5 BREAKFAST PIZZA, FRUIT, MILK TURKEY HAM & CHEESE SANDWICH CARROTS DORITOS FRUIT MILK	6 CEREAL, GRAHAM CRACKERS, FRUIT, MILK SOFT CHICKEN TACO LETTUCE & SALSA OATMEAL COOKIE FRUIT, MILK	7 CINNAMON ROLL, FRUIT, MILK HAMBURGER ON A BUN LETTUCE & PICKLE FRENCH FRIES FRUIT MILK
10 STAFF DEVELOPMENT DAY	11 STAFF DEVELOPMENT DAY	12 BREAKFAST PIZZA, FRUIT, MILK CHICKEN RINGS GREEN BEANS ROLL FRUIT, MILK	13 MUFFIN, FRUIT, MILK BEAN & CHEESE BURRITO SALAD SPANISH RICE FRUIT, MILK	14 WAFFLE, SAUSAGE, FRUIT, MILK PEPPERONI PIZZA SALAD FRUIT MILK
17 PANCAKE SAUSAGE ON A STICK, FRUIT, MILK CHICKEN NUGGETS CORN ROLL FRUIT MILK	18 CINNAMON ROLL, FRUIT, MILK CHEESE QUESADILLA SALAD FRUIT MILK	19 BREAKFAST PIZZA, FRUIT, MILK CORNDOG POTATO WEDGES FRUIT MILK	20 CEREAL, POP TART, FRUIT, MILK SPAGHETTI/CHEESE STICK SALAD BREADSTICK FRUIT MILK	21 SUNRISE SANDWICH, FRUIT, MILK TURKEY SANDWICH CARROTS/DIP CHEEZ-ITS FRUIT MILK
24 PANCAKES, BACON, FRUIT, MILK ORANGE CHICKEN OVER RICE GREEN BEANS GRAHAM BEAR FRUIT MILK	25 BUTTERMILK BAR, FRUIT, MILK CHEESE NACHOS SALAD REFRIED BEANS FRUIT MILK	26 BREAKFAST PIZZA, FRUIT, MILK BAKED CHICKEN MIXED VEGETABLES ROLL FRUIT MILK	27 SAUSAGE BISCUIT, FRUIT, MILK SOFT CHICKEN TACO LETTUCE & SALSA CHURRO FRUIT MILK	28 MUFFIN, FRUIT, MILK HOT DOG ON A BUN FRESH VEGIES WITH DIP POTATO CHIP FRUIT MILK
31 FRENCH TOAST STICKS, FRUIT, MILK CHEESE PIZZA CORN SHERBET CUP FRUIT MILK	11/1 SUNRISE SANDWICH, FRUIT, MILK POPCORN CHICKEN MASHED POTATOES ROLL FRUIT MILK	2 BREAKFAST PIZZA, FRUIT, MILK TURKEY HAM & CHEESE SANDWICH CARROTS DORITOS FRUIT MILK	3 WAFFLE, SAUSAGE, FRUIT, MILK BEAN & CHEESE BURRITO SALAD SPANISH RICE FRUIT MILK	4 CINNAMON ROLL, FRUIT, MILK HAMBURGER LETTUCE & PICKLES FRENCH FRIES FRUIT MILK

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER. IF YOU BELIEVE YOU HAVE BEEN DISCRIMINATED AGAINST PLEASE, CALL THE CIVIL RIGHTS OFFICE AT 202-720-5964.

FOR INFORMATION ON HEALTHY FAMILIES/MEDI-CAL COVERAGE CALL 1-888-747-1222

CHARGE LIMIT 4 LUNCHESES- PLEASE KEEP YOUR CHILDS ACCOUNT CURRENT WE ENCOURAGE PREPAYMENTS (WEEKLY-MONTHLY)

ONLINE PAYMENT AVAILABLE- CONTACT THE FOOD SERVICE OFFICE FOR INFORMATION AT 744-4550 X320 OR X321

MENU SUBJECT TO CHANGE

STUDENT BREAKFAST .75
 ADULT BREAKFAST 2.50
 STUDENT LUNCH 1.80
 REDUCED LUNCH .40
 ADULT LUNCH 3.50
 MILK .25

OCTOBER 2011 MCCAFFREY MIDDLE SCHOOL

WE OFFER CEREAL AS A SECOND CHOICE EACH DAY FOR BREAKFAST
 LUNCH INCLUDES CHOICE OF LOW FAT WHITE OR CHOCOLATE MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN NUGGETS POTATO WEDGES BREADSTICK FRUIT MILK	4 SOFT CHICKEN TACO BEAN & CHEESE BURRITO CHEF SALAD SALAD, LETTUCE, SALSA CHURRO FRUIT, MILK	5 CHEESE OR PEPPERONI PIZZA CHEF SALAD SALAD/FRESH VEGIES CHOCOLATE GRAHAMS FRUIT MILK	6 TURKEY DELI, TOASTED CHEESE, TURKEY HAM & CHEESE DELI, CHEF SALAD SALAD/LETTUCE, PICKLE, TOMATO DORITOS FRUIT, MILK	7 HAMBURGER, CHEESEBURGER, VEGI BURGER CHICKEN PATTY, SPICY CHICKEN PATTY CHEF SALAD SALAD/ LETTUCE, PICKLE, TOMATO FRENCH FRIES FRUIT, MILK
10 STAFF DEVELOPMENT DAY	11 STAFF DEVELOPMENT DAY	12 CHEESE OR PEPPERONI PIZZA CHEF SALAD SALAD/FRESH VEGIES CHEWY GRANOLA BAR FRUIT MILK	13 ORANGE CHICKEN OVER RICE, BAKED CHICKEN, CHEF SALAD MIXED VEGETABLES MUFFIN FRUIT MILK	14 HAMBURGER, CHEESEBURGER, VEGI BURGER, CHICKEN PATTY, OR CHEF SALAD LETTUCE, PICKLES, TOMATO FRENCH FRIES FRUIT MILK
17 POPCORN CHICKEN SPICY CHICKEN PATTY CHEF SALAD CORN ROLL FRUIT, MILK	18 CHEESE QUESADILLA, CHEF SALAD, OR BEAN & CHEESE TOSTADA SALAD SPANISH RICE FRUIT MILK	19 CHEESE OR PEPPERONI PIZZA CHEF SALAD SALAD/FRESH VEGIES BROWNIE FRUIT MILK	20 TURKEY DELI, TOASTED CHEESE, TURKEY HAM & CHEESE DELI, CHEF SALAD SALAD/LETTUCE, PICKLE, TOMATO DORITOS FRUIT, MILK	21 HAMBURGER, CHEESEBURGER, VEGI BURGER, CHICKEN PATTY, OR CHEF SALAD LETTUCE, PICKLES, TOMATO FRENCH FRIES FRUIT, MILK
24 ORANGE OR TERIYAKI CHICKEN OVER RICE, OR CHEF SALAD SALAD/MIXED VEGETABLES MUFFIN FRUIT MILK	25 CHEESE NACHOS WITH REFRIED BEANS BEAN & CHEESE BURRITO, OR CHEF SALAD SALAD CINNAMON GRAHAMS FRUIT MILK	26 CHEESE OR PEPPERONI PIZZA CHEF SALAD SALAD/FRESH VEGIES POWER ALLY BAR FRUIT MILK	27 SOFT CHICKEN OF BEEF TACOS CHEF SALAD SALAD, LETTUCE, SALSA CHURRO FRUIT MILK	28 HAMBURGER, CHEESEBURGER, VEGI BURGER, CHICKEN PATTY, SPICY CHICKEN PATTY, OR CHEF SALAD LETTUCE, PICKLES, TOMATO FRENCH FRIES FRUIT, MILK
31 CHICKEN TENDERS, SPICY TENDERS, OR CHEF SALAD SALAD/GREEN BEANS ROLL SHERBET CUP FRUIT, MILK	11/1 LASAGNA, MACARONI & CHEESE, OR CHEF SALAD SALAD BREADSTICK FRUIT MILK	2 CHEESE OR PEPPERONI PIZZA CHEF SALAD SALAD/FRESH VEGIES CHOCOLATE CHIP GRAHAMS FRUIT MILK	3 CHICKEN NOODLE SOUP WITH SANDWICH OR CHEF SALAD SALAD DORITOS FRUIT MILK	4 HAMBURGER, CHEESEBURGER, VEGI BURGER, CHICKEN PATTY, SPICY CHICKEN PATTY, OR CHEF SALAD LETTUCE, PICKLES, TOMATO FRENCH FRIES FRUIT, MILK

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER. IF YOU BELIEVE YOU HAVE BEEN DISCRIMINATED AGAINST PLEASE, CALL THE CIVIL RIGHTS OFFICE AT 202-720-5964.

FOR INFORMATION ON HEALTHY FAMILIES/MEDI-CAL COVERAGE CALL 1-888-747-1

CHARGE LIMIT 2 LUNCHES- PLEASE KEEP YOUR CHILDS ACCOUNT CURRENT-WE ENCOURAGE PREPAYMENTS (WEEKLY-MONTHLY)

ONLINE PAYMENTS AVAILABLE – CALL THE FOOD SERVICE OFFICE FOR INFORMATION 744-4550 X321 OR X320