

SEPTEMBER

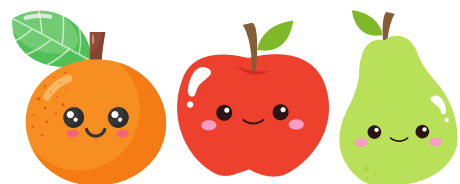


Meals meet USDA Regulations and all items are whole grain-rich.

OFFERED DAIL

*DELI SANDWICHES

FRUITS

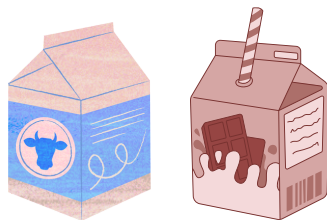


VEGGIES



Milk Choices:

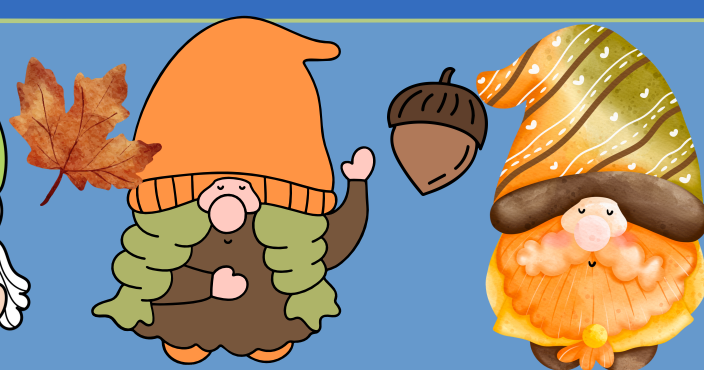
Nonfat Chocolate Milk or
1% White Milk or Fat Free
White



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

4 **HAPPY
LABOR
DAY**

5 **Mini French Toast**

Burrito

6 **Benefit Bar**

Spaghetti

7 **UBR**

Mini Burgers

8 **Cereal**

Pizza Wedge

11 **Chocolate Chip Muffin**

**Orange Chicken w/
Rice**

12 **Mini Waffles**

Nachos

13 **Yogurt Cup w/
Graham Bear**

Grilled Cheese

14 **UBR**

**Hot Dogs w/
Chips**

15 **Cereal**

Pizza Pockets

18 **Blueberry Muffin**

Nuggets

19 **Mini Pancakes**

Fiesta Pockets

20 **Yogurt Cup w/
Scooby Snack**

Potstickers w/ Rice

21 **Cereal Bar**

Chicken Sandwich

22 **Grilled Cheese**

Hero Sandwich Friday

25 **Chocolate Chip Muffin**

Chicken Tenders

26 **Mini French Toast**

Burrito

27 **Benefit Bar**

Spaghetti

28 **UBR**

Mini Burgers

29 **Cereal**

Pizza

Meals meet USDA Regulations and all items are whole grain-rich

Students must select 3 of 5 offered food components, at least one being a fruit or vegetable.

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Menu subject to change based on availability. This institution is
an equal opportunity provider.