

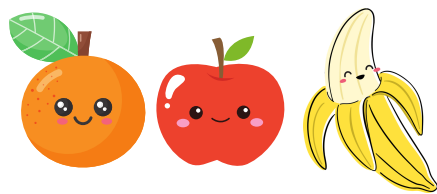


SUPPER Menu*

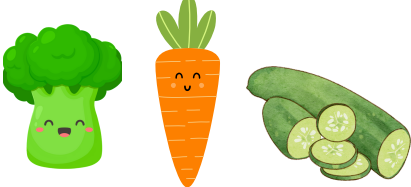
DAILY ENTREE MAY INCLUDE:**



FRUITS

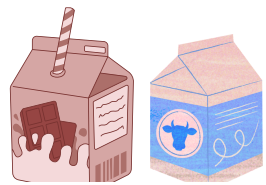


VEGGIES



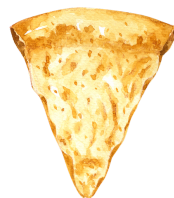
Milk Choices:

**Nonfat Chocolate Milk or
1% White Milk or Fat Free
White**



Monday Supper Pizza

Sourdough Pizza
Deep Dish
Wedge



Tuesday Cheese Day

Nacho Chips
Pretzel & Cheese
Mozzarella Bites
Stuffed Sandwich



Wednesday Mini Day

Mini Corn Dogs
Mini Burger
Pizza Bagel



Thursday Sandwich

Deli
Hoagie
Sunbutter



Friday Bento

No Nut Bento
Yogurt
Lunchable
Hummus



DID YOU KNOW? **SEPTEMBER IS** **NATIONAL WHOLE GRAIN MONTH**

Eating whole grains may lower the risk of heart disease, type 2 diabetes, and obesity and may reduce blood cholesterol levels.

The nutrients in grains help give kids the energy they need to sustain their super active little bodies from sports, to playing, to working in school!

**** Entree items are tailored to each school population and most popular items.**

***Please visit your school's site's website for their customized menu and updates**

Meals meet USDA Regulations and all items are whole grain-rich

Students must select 3 of 5 offered food components, at least one being a fruit or vegetable.

Meals meet USDA Regulations and all items are whole grain-rich.

Menu subject to change based on availability. This institution is an equal opportunity provider.