

Community Health Resource List

- **EMERGENCY INFORMATION**
 - **Emergency: Dial 911**
 - **Galt Police Department:** Non-emergency 209-366-7000
 - **Poison Control:** 800-222-1222
- **CRISIS INFORMATION**
 - **Suicide Prevention Hot Line:** 1-800-SUICIDE (800-784-2433) or (916-468-8700)
 - **California Youth Crisis Hot Line:** 800-434-5200
 - **Runaway Hot Line:** 800-621-4000
 - **WIND Youth Services:** Homeless support/Information 916-443-8333
- **MENTAL HEALTH INFORMATION**
 - **Sutter Center for Psychiatry:** 916-363-3620 Emergency mental health information and support
 - **Children's Access:** 916-875-9980 authorizes mental health services for those with Medi-Cal insurance or no insurance. Call for information and referral, then set appointment at **Vision's Mental Health Services** #209-745-3101
 - **Sacramento County Mental Health:** 916-875-1000/916-875-1111
 - **San Joaquin County Mental Health:** 209-468-8700
 - **Mental Health Urgent Care:** 916-520-2460, 2130 Stockton Blvd, Sacramento
- **MEDICAL INFORMATION**
 - **No-Cost Health Insurance (Medi-Cal) or low cost health insurance (Healthy Families):** 800-880-5305
 - **Community Medical Centers:** Medical care for those without insurance **and** those with Medi-Cal living in San Joaquin County. Offers: Prenatal care, Women's Health, Behavioral Health, Health Education, Adult and Pediatric Health, Dental Care, Podiatry, WIC
 - 2401 W Turner Rd, # 450; Lodi, CA #209-370-1700
 - 701 E. Channel St, Stockton, CA #209-944-4700
 - **Well Space Health:** For Medi-Cal patients and those without insurance living in Sacramento County. Offers Adult Primary Care, Child/Adolescent Primary Care, Behavioral Health, Psychiatry, Women's Health/OBGYN, Pre-natal Care.
 - Medical Appts: 8233 E Stockton Blvd, Sacramento, CA #916-737-5555
 - Behavioral Health #916-313-8433 x 6
 - Immediate/Urgent Care: 2425 Alhambra, Sacramento. Open 7 days/wk
 - **Sacramento Community Clinics:** Primary care and dental care.
 - 7275 E Southgate Dr., #204; Sacramento, CA #916-428-3788
 - **New Directions (Pregnancy Resource Center):** 942 E. Pine Street, Lodi, CA #209-368-7190
 - **Delta Health Care (Reproductive Health Services):** 911 Industrial Way, Lodi, CA #209-369-2704
 - **Planned Parenthood:** 5385 Franklin Blvd., Suite A-D, Sacramento, CA 95820 #916-452-7305

- **Immunizations**
 - **Dr. Damon:** 220 Market Street, Galt, CA (209) 745-4633 (Based on income, no to low charge)
 - **Immunization Assistance Program – Department of Health (must call for appointment)**
Business Hours: Monday through Friday 8:00 AM to 4:30 PM
Telephone: (916) 875-7468
 - **CVS, Rite-Aid, Walmart, Raley's**
- **VISION SERVICES**
 - **South County Services:** 431 S. Lincoln Way, Galt, CA #209-745-9174. They verify eligibility and then refer to Lions Club
- **DENTAL SERVICES**
 - **Galt Dental Group:** 1067 C Street, Galt. #209-744-0463.
 - **Community Medical Centers:** #209-370-1700
 - **Sacramento Community Clinics:** #916-428-3788