



Turning Point FLEXIBLE INTEGRATED TREATMENT (FIT) is a specialty mental health program that works with youth who are experiencing emotional and behavioral challenges. The program serves children and youths ages 0-21 who qualify for full-scope Medi-Cal, reside in Sacramento County and have mental health symptoms and behaviors which impact functioning. The treatment team members partner with youths and their families, utilizing a family-focused, strengths-based approach to address their needs. FIT services include the following

- Psychosocial rehabilitation
- Case management
- Individual, family, and group therapy
- Psychiatric services.
- Crisis intervention
- Community-based services

For more information and/or to connect your child to services call (916) 427-7141

